



RISE
COUNSELING
& CONSULTING

The Social Circle

A Social-Emotional Skills Support Group for Students

This group provides a safe and engaging space for students to develop crucial social-emotional skills. Using guided reflection and interactive activities, we'll focus on topics like identifying emotions, building confidence, and improving social communication. Students will connect with peers and gain practical tools for navigating the challenges of school.



Tuesdays

Starting February 17th

5:00 - 6:00 PM

at our

Peosta Office

4th - 8th Grades

This is a free event!

Sign up here!



February 17th | February 24th | March 3rd | March 10th | March 17th | March 24th

Peosta Office:

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