Raider Track & Field Camp 2025



Held at Ken Fearing Track & Field at; 1298 Walworth Ave Anamosa, lowa 52205 *June 5th-6th*

Thursday 4:00pm-6:00pm & Friday 4:00pm-6:00pm

* BOYS & GIRLS <u>EXITING</u> GRADES 1ST- 8TH DURING THE 2024-2025 SCHOOL YEAR* *THE FEE FOR ATTENDING THE CAMP IS \$25.00*

*Topics covered will include proper running form, high jump, long jump, hurdling, block starts, and baton handoffs. Athletes will be automatically timed in the 40-yard dash, have their vertical jump and long jump measured, and have their top speed calculated in miles per hour. The goal of the camp is to build skills and have a ton of fun. Kids will leave camp each day with a popsicle and a smile! If you have any questions, feel free to call/text Coach Bader at (319) 431-9817

Cut on this line, send application, and check to: Anamosa High School c/o Justin Bader; 209 Sadie Street; Anamosa; Iowa 52205 baderjustin@gmail.com

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RAIDER TRACK & FIELD CAMP APPLICATION FOR 2025

(Please be sure to fill in ALL information on the application)

NAME	GRADE GRADUATING FROM THIS SPRING					
ADDRESS	CITY	STATE	ZIP			
PHONE NUMBER	ALTERNATE EMERGENCY P	HONE NUMBER				
any injuries or sickness, which ma Raider Track & Field Camp. We/I Camp Staff for any claim, which m	a School Board and the Anamosa Trac ay be sustained by our/my son/daughte further agree to indemnify the Anamos nay hereafter be presented by our/my s gh School c/o Justin Bader; 209 Sadie & Field Camp.	er while attend ⁱ ng, or tra a School Board and the son/daughter because o	veling to or from, the Anamosa Track & Field f any such injuries. (Mail			
SIGNED (PARENT)		DATE				
*PLEASE LIST ANY HEALTH CONC	ERNS AND/OR TREATMENTSHERE: _					

Amount Due: Camp = \$25