## Camp Embracing Memories: June 28, 2025



UnityPoint Hospice is excited to offer Camp Embracing Memories, a free day camp for children ages 7 to 16, to help children and families cope with the death of a loved one.

Camp Embracing Memories focuses on the grieving process and encourages connections with others who have experienced similar losses. The experience is designed to normalize children's feelings and equip them with a toolbox of coping skills to move forward with in their grief journey. Families are also offered support and resources through a caregiver session led by camp staff.

Camp activities include egg throwing, memory pillows, art therapy, pet therapy, and a campfire with s'mores.



## CAMP EMBRACING MEMORIES

Saturday, June 28, 2025

10 a.m. - 8 p.m.

Camp Io-Dis-E-Ca 3271 Sandy Beach Road NE Solon, IA 52333

To start the registration process, visit: https://bit.ly/
CampEmbracingMemories2025

## Free Community Programs

Thanks to our partnership with Cedar Memorial, Camp Embracing Memories is free for the children and the families who support them.

CEDAR MEMORIAL



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