



***Presents Strike Out the Stigma:  
Mental Health Suicide Awareness & Prevention***

*This event will provide a safe environment where attendees can gain a deeper understanding of the causes, warning signs and coping strategies regarding depression, anxiety and suicidal ideation, and community resources available for support.*

***FREE event, no registration required!***

***Questions? Contact Mike Farr at 319-721-9812***

**Tuesday, March 28, 2023**

**Monticello High School**

**Monticello, IA—5-8PM Panel discussion starts 6:30PM**

**LOCAL RESOURCE VENDOR TABLES & FREE  
SMOKED PORK DINNER STARTING AT 5PM**

*We will be giving away (2) \$500 scholarships at the event. Must be present to win — all money paid directly to the college — Open for grades 9-12th — you are responsible for getting us the school information to receive funds.*

*Learn more about national and local resources available for health and suicide awareness and prevention.*

***Sponsored by the Jones Co. Safe & Healthy Youth Coalition***

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