

Local Wellness Policy Progress Report

School Name: Anamosa Community School District

Wellness Policy Contact: Tammy Seeley

Date Completed: June 30, 2021

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Promotion of nutrition education at each grade level.	X			All schools are promoting nutrition education by offering fresh vegetables daily for lunch.	Will have discussions with administrators and other stakeholders to determine what is achievable for them
2. Promote educational learning activities about nutrition (field trips, garden, preparing foods)		X		Have healthy food demonstrations and tastings in the cafeteria. Middle School has a garden that students take care of.	Apply for additional equipment grants.
3. Develop nutrition programs that emphasize healthy choices within the school lunch program.				Meet standards set by the USDA. Offer a variety of fruits and vegetables	Develop a newsletter with educational information for parents and students

Physical Activity Goals

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. 30 minutes physical activity for K- 5 daily & 120 minutes physical activity weekly for 6-12.		x		K-5 students have 25 minutes recess daily, plus PE class 2-3 times a week.	K-5 teachers incorporate physical activity short breaks..
2. PE classes for K-12 students for entire school year.	x			K-4students take PE classes for the entire school year. PE class is available for 9-12 before school starts	

Other School Based Activities Goals

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. School meals meet USDA guidelines & engage students and parents taste tests, surveys and sharing of nutrition information.	x			Schools meal program is in compliance with NSLP & SBP regulations. Students are offered taste tests of new menu items. HS students participated in a survey about the school lunch program.	Share nutrition education tips and recipes on student bulletins/newsletters.
2. Share nutrition education tips and recipes on student bulletins/newsletters. 4. No sharing foods or beverages with another. 5. Adequate time allotted for meals and oral health. 6. Food service staff are provided with training and development.	x			All schools provide cups for use at water fountains located in eatery. All juice offered is 100% juice. Fat-free choc, straw and Students are given adequate time to eat lunch and brush their teeth is needed.	Continue to offer cups for water, 100% juice and variety of milk daily.

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Standards and Nutrition Guidelines for All Foods and Beverages Sold to Students During the School Day (e.g. vending, school stores, etc.)

Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
X			All items sold meet the Smart Snacks Regulations	
X				

Standards for All Foods and Beverages Provided (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.)

Polices for Food and Beverage Marketing

District Wellness Policy Goals	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.No snacks are bought in from home	X			Treat must be store purchased and have nutritional content label.	
2.					

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