

Anamosa Community School District

Accommodations for Students with Special Dietary Needs:

Who to Contact:

Contact for: Menu questions, Changes to menu, Forms on file

Nutritional Services Director: Tammy Seeley

Email: tseeely@anamosa.k12.ia.us | Phone: 319-462-3549 Ext. 1210 | Fax: 319-462-5317

Nutritional Services Director Secretary: Deb Carver

Email: dcarver@anamosa.k12.ia.us | Phone: 319-462-4321 Ext. 1606 | Fax: 319-462-5317

Contact for: Food allergy action plan, Medication needs

Health Services - School Nurse, Strawberry Hill: Debbie Eilers

Email: dielers@anamosa.k12.ia.us | Phone: 319-462-3549 Ext. 1201 | Fax: 319-462-5317

Health Services – School Nurse, Middle & High School: Angie Jess

Email: ajess@anamosa.k12.ia.us | Phone: 319-462-3594 Ext. 1506 | Fax: 319-462-2332

Health Services Secretary: Lindsey Stumma

Email: lstumma@anamosa.k12.ia.us | Phone: 319-462-3553 Ext. 2103 | Fax: 319-462-3309

Forms to Complete:

Diet Modification Request: REQUIRED

- Required to provide a special menu to a student
- Dietary need must limit a major life activity or operation of a major bodily function (immune, digestive, etc.)
- Must be completed by your child's physician, allergist, etc.

Diet ID Card Authorization:

OPTIONAL, BUT HIGHLY RECOMMENDED FOR STUDENTS THRU 5TH GRADE

- Allows us to provide a card to the student that they can present at lunch time to Nutrition staff.
- Dietary need does not have to limit a major life activity/bodily function (vegetarian, religious preferences)
- Can be completed by parent

Food Allergy Action Plan:

- Only needed if student will have emergency medication kept in the nurse's office
- Must be completed by doctor

Process for Special Diet Accommodations:

- Complete the appropriate forms (listed above) for your student.
- The District Nutritional Services Director will contact you with the menu your student's dietary needs (*If a special menu is required. No special menus are made for peanut/tree nut allergies as we are a peanut/tree nut aware facility.*)
- You will confirm whether your student will eat lunches provided by the Nutrition Department at your student's school. It is your choice whether your student eats school breakfast/lunch or lunch packed from home.
- Please contact the Nutritional Services Director if you student will not be eating school meals or if there are any changes.