

# What's Your Natural High? 3rd Annual 5K Run/Walk May 1, 2021



Join us in our 3rd annual 5k run/walk through Wapsipinicon State Park as we focus on safe and healthy natural highs. Or join us virtually and run on your own this year.

**Race Starts at 9am**  
**Registration/Package pickup Race Day 8-8:45am**

Register at

<https://www.active.com/running/distance-running-virtual-events/jones-county-safe-and-healthy-youth-coalition-5k-run-walk-2021>

- jonescountycoalition.org under Events
- or pick up a paper registration at the Coalition office

110 S. Williams St Anamosa

Contact Sabrina Rogers for more information 319.535.0122