## **Provider-Choice Rights Notice**

## **Provider-Choice Rights Notice - PPO Plans**

- 1. The Wellmark Inc. medical plan generally allows the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact the phone number on the back of your medical ID card or go to www.mywellmark.com.
- 2. For children, you may designate a pediatrician as the primary care provider.
- 3. You do not need prior authorization from Wellmark Inc. or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact the phone number on the back of your medical ID card or go to www.mywellmark.com.

## **Provider-Choice Rights Notice - HMO Plans**

- 1. The Wellmark Health Plans of Iowa Inc. medical plan generally requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. Until you make this designation, Wellmark Health Plans of Iowa, Inc will designates one for you. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact the phone number on the back of your medical ID card or go to www.mywellmark.com.
- 2. For children, you may designate a pediatrician as the primary care provider.
- 3. You do not need prior authorization from Wellmark Inc. or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact the phone number on the back of your medical ID card or go to www.mywellmark.com.