

2019-2020 Swimming Lessons at Camp Courageous

It's time for American Red Cross Learn-to-Swim classes at Camp Courageous. Lessons are held Monday to Friday after school beginning December 2, 2019. Transportation is provided from and to Monticello schools at the end of the school day (approximately 3:40 pm – 4:25 pm). Each session includes 8 – 10 lessons. **Cost is \$60 per child per session (\$55 without transportation).**

Please see our website campcourageous.org for level descriptions.
Sign your child up for the level that meets their skill mastery.



www.campcourageous.org

After-School Sessions: X = LEVELS offered	1	2	3	4	5	6
Session 1: 12/02/19 -- 12/13/19		X	X		X	
Session 2: 1/13/20 -- 1/24/20	X			X		
Session 3: 1/27/20 -- 2/07/20		X	X			X
Session 4: 2/10/20 -- 2/21/20	X			X	X	
Session 5: 2/24/20 -- 3/06/20		X	X			X

Later Time Classes: Camp DOES NOT provide transportation for the following lessons.

Classes are held Monday – Friday 5:00 pm – 5:45 pm. Each session includes 8-10 lessons **Cost \$55 per child per session.**

Later-Time Sessions: X = LEVELS offered	1	2	3	4	5	6
Session 6: 12/02/19 - 12/13/19		X	X			
Session 7: 1/27/20 -- 2/07/20	X			X		
Session 8: 2/10/20 -- 2/21/20	X		X			X
Session 9: 2/24/20 -- 3/06/20		X		X	X	

Parent & Child Aquatics: For ages 6 months to about 3 years. Designed to give young children a head start on swimming. Great for children to get comfortable in the water and begin to work on basic skills while interacting with instructor and other children in a fun and safe environment. NOTE: A parent (or adult) must accompany the child in the water.

Camp DOES NOT provide transportation for these lessons.

Cost is \$30 per child.

Session 10: 2/01/20, 2/08/20, 2/15/20, 2/22/20 (Saturdays) 9:30 a.m.-- 10:00 a.m.

Preschool Aquatics: For children about ages 3 – 5. Designed to orient preschool-age children to the aquatic environment and to begin working on basic aquatic skills such as: enter & exit the water, blow bubbles through mouth & nose, go under water, bobbing, front & back glides, retrieve submerged objects and learn how to stay safe in the water.

Camp DOES NOT provide transportation for these lessons.

Cost is \$35 per child.

Session 11: 2/01/20, 2/08/20, 2/15/20, 2/22/20 (Saturdays) 8:00 a.m.-- 8:30 a.m.

Session 12: 2/01/20, 2/08/20, 2/15/20, 2/22/20 (Saturdays) 8:30 a.m.-- 9:00 a.m.

Session 13: 2/01/20, 2/08/20, 2/15/20, 2/22/20 (Saturdays) 9:00 a.m.-- 9:30 a.m.

St John's Preschool Aquatics: Lessons for children at St John's Day Care with camp providing transportation.

Cost is \$40 per child.

Session 14: 1/27/20 -- 2/07/20 (M, W, & F) 10:00 a.m. – 10:45 a.m.

PRIVATE LESSONS 1:1 Lesson from one of our skilled Water Safety Instructors. Camp DOES NOT provide transportation for these lessons

Cost \$25 per student per ½ hour lesson.

Private lessons are available only during the following Dates/Times:

Session 15: 12/02/19 -- 12/13/19 M-F 4:30 pm - 5:00 pm

Session 16: 1/27/20 -- 2/07/20 M-F 4:30 pm - 5:00 pm

Session 17: 2/10/20 -- 2/21/20 M-F 4:30 pm - 5:00 pm

Session 18: 2/10/20 -- 2/21/20 M-F 4:30 pm - 5:00 pm

Home School Classes: Camp DOES NOT provide transportation for the following lessons. Home School Classes are held Monday – Friday in the Mornings. Each session includes 8-10 lessons. **Cost \$55 per child per session.**

Home School Class: X = LEVELS offered	1	2	3	4	5	6
Session 19: 12/2/19 – 12/13/19 9:15am-10:00 am	X				X	X
Session 20: 12/2/19 – 12/13/19 10:00am-10:45am		X	X	X		

Registration for ALL CLASSES BEGINS Monday, 10/28/19 at 8:00 a.m.

Spots for each class are filled on a first come first served basis.

Register by leaving a message for Carol Melton @ 319-465-5916 ext 2600 or cmelton@campcourageous.org

REQUESTS WILL NOT BE ACCEPTED BEFORE 8 a.m. on MONDAY OCTOBER 28, 2019.
Leaving messages before 8 AM may NOT register your request until all other requests are filled.

Lifeguard Course: Must meet Prerequisite Age (15 by the last day of class) & Attend a Prerequisite Swim Session to enter the course. This will be a blended learning course, with students completing 7 hours of online course work prior to the 2 day in person session. Written and Skills Tests must be passed for certification
Cost \$190

PLEASE NOTE: All parts of the course are mandatory for certification, no absenteeism allowed, and no make up sessions will be scheduled. Please double check your school activities calendars before registering for one of these courses.

Session 1: March 28 - 29, 2020 Saturday & Sunday 8am-8pm

Session 2: April 4 - 5, 2020 Saturday & Sunday 8am-8pm

Session 3: May 2 - 3, 2020 Saturday & Sunday 8am-8pm

Lifeguard Recertification: For individuals who need to renew their certification. All water and land skills will be tested & written tests will be administered **Cost \$150**

Session 4: April 25, 2020 Saturday 8am-6pm

Session 5: May 16, 2020 Saturday 8am-6pm

Session 6: May 30, 2020 Saturday 8am-6pm

Saturday Open Swims

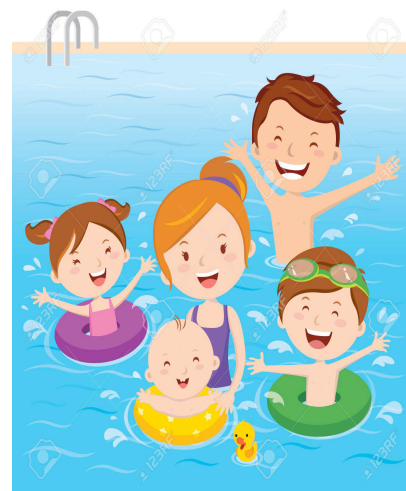
November – March

10:00 am – 11:30 am

Admission is \$5.00 / swimmer

Children must be accompanied by an adult

Punch Card \$50 / 15 swims



Pool Rental Rates:

\$100/hour 25 people or less One Pool (1 guard)

\$125/hour 25 people or less Both Pools (2 guards)

\$125/hour 26-50 people One or Both Pools (2 guards)

\$150/hour 51-75 people One or Both Pools (3 guards)

\$25/hour Use of Party Room

Pool rentals are limited to 1 and ½ hours swim time