

Chelsey's Dream Foundation 4th Annual Adoption Seminar

Location:
Northeast Iowa Community College
8342 NICC Drive
Peosta, IA

Mike's Teaching Points

The Transformation Of Trauma Understanding

Module 1- Trauma & Attachment Knowledge

- Remember Where Your Child Has Come From
- Hope For More
- How Trauma Changes The Brain
- Building Healthy Attachments With Your Children

Module 2- Behavior Understanding And Management

- Identifying Trauma-Induced Behaviors
- 3 Key Questions To Ask When Your Child Is Dysregulated
- Connection Before Correction
- Invitation Before Domination (The Power Of Walking With Not Over)
- Controlling Your Environment
- You?
- Your Household?

Module 3- Self-Care & Re-Regulation Practices

- Applying Practical Coping Skills To Your Journey
- Re-Regulation And Sensory Input Strategies
- Self-Care For You
- Self-Care For Your Child

Module 4- Communicating Trauma Knowledge

- Teachers and School Administrators
- Law Enforcement and Authorities
- Medical and Therapeutic Professionals
- Clergy and Pastoral Personnel
- Extended Family
- Neighbors, Coaches, and Club Leaders

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