

JULY 2018

SUMMER MEALS – Served @ Anamosa Middle School

Contact: Tammy Seeley, Director of Nutrition 319-462-3553

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Fish Nuggets Potato Wedges Mixed Fruit Milk	3 Pizza Corn Applesauce Cup Milk	4 HOLIDAY NO MEAL	5 Chicken Noodles Mashed Potatoes Glazed Carrots Banana Milk	6 Deli Sandwich Sweet Potato Fries Sliced Peaches Baby Carrots Milk
9 Hamburger on Bun Lettuce & Tomato Hash Brown Patty Diced Peaches Milk	10 BBQ Chicken Sandwich Baby Carrots w/Ranch Cantaloupe Garden Salad Milk	11 Pork Patty Oven Baked Fries Diced Pears Milk	12 Chicken Nuggets Mashed Potatoes & Gravy Seasoned Corn Apple Milk	13 Soft Shell Taco Lettuce & Cheese Refried Beans Assorted Fruit
16 Sloppy Joe Sandwich Hash Brown Patty Watermelon Applesauce Cup Milk	17 Hotdog on a Bun Baked Beans Orange Smiles Tropical Fruit Milk	18 Mac & Cheese Meat Balls Green Beans Fruit Cocktail Milk	19 Pulled Pork Sandwich Cole Slaw Cantaloupe Sliced Pears Milk	20 Chicken Sandwich Potato Wedges Mandarin Oranges Assorted Fresh Veggies Milk
23 Meatball Sub Seasoned Peas Fresh Fruit Cup Sweet Potato Fries Milk	24 Chicken Fajita Steamed Rice Glazed Carrots Apple Sauce cup Milk	25 Goulash Garlic Breadstick Corn Apple Wedges Milk	26 Mini Corn Dogs Baked Beans Juice Cup Banana Milk	27 Pizza Green Beans Watermelon Pineapple & Grapes Milk
30 Milk	31 Enter Text Here	<p>DID YOU KNOW... July also brings two other days of independence: Canada Day (July 1), which commemorates the creation of the Dominion of Canada, and Bastille Day (July 14), which commemorates the storming of the Bastille (the start of the French Revolution).</p>		

FREE FOOD

**FRIENDS
&
FUN!**

Any kid's 18 and younger eat for free!

Serving
11am – 1pm
Adults \$4.00

**FREE
Transportation!**

- Strawberry Hill Kid's Club
- Strawberry Hill Apartments
- Fawn Creek Trailer Court
- Central Office
- Anamosa Swimming Pool
- Tapkins-Kid's R US
- St. Patrick's School
- Iowa Street

All kid's welcome!
18 years and Younger!