

JONES
COUNTY

4-H
GROWS HERE



WELCOME TO JONES COUNTY 4-H!

We're so glad you're interested! The next few pages are designed to serve as a guide for you as you begin your journey in 4-H. If you have questions, your club leader is always available to help, as is Monica, our Jones County Youth Program Coordinator.

Ready to get started? Well then let's go!

How You Join 4-H

1. Read this information to learn about 4-H
2. Find a 4-H club by:
 - Check the list on page 4 in this packet and call a 4-H club leader, or
 - Contact Monica Gray, Jones County Youth Program Coordinator
3. Visit the 4-H club meeting; get acquainted with the 4-H members and 4-H leaders!
4. Enroll in 4-H through 4-H Online; go to:

[https://
www.extension.iastate.edu/4h/4honline-
information-families-and-leaders](https://www.extension.iastate.edu/4h/4honline-information-families-and-leaders)
This will lead you to help sheets

[4hOnline Login Page](https://www.ia.4honline.com) will take you to
www.ia.4honline.com, where you enroll
as a Jones County 4-H member

*Need an answer now and can't
get in touch with your leader(s)?*

Stop into or contact the Iowa State University (ISU) Extension and Outreach office anytime Monday through Friday from 8:30 a.m. to 4:30 p.m., and talk with Monica

Our office is located on the fairgrounds at:

800 N. Maple St
Monticello, IA 52310

Or you can call or email:

319-465-3224

mongray@iastate.edu

You can also visit our website:

[https://www.extension.iastate.edu/
jones/4h](https://www.extension.iastate.edu/jones/4h)

Like us on Facebook:

<https://www.facebook.com/jones4h/>



IOWA STATE UNIVERSITY
Extension and Outreach

4-H Member, Club, and Family Information

4-H is a **community** of **young people** across America who are learning **leadership, citizenship and life skills.**



4-H MEMBERS

As a 4-H member, youth:

- Attend and participate in monthly club meetings
- Complete hands-on projects in areas like arts, science, agriculture and citizenship (see Project Area list attached)
- Concentrate on one focus area or try a variety of programs through the 4-H experience
- Take part in activities, camps, project workshops and other 4-H opportunities
- Share an educational presentation at a club meeting
- Record experiences and learning
- HAVE FUN!

Exhibiting at the county and/or state fair is a highlight for many 4-H members. The fair provides an opportunity for 4-H'ers to showcase 4-H project work with the community

4-H CLUBS

What is a 4-H Club?

- Meets at least monthly with a yearlong program
- Provides experiences where young people learn by doing
- Creates a positive environment where youth receive guidance from adult mentors and are encouraged to take leadership roles
- Offers multiple learning opportunities such as presentations, field trips and family nights
- Empowers young people to be well-informed citizens who are actively engaged in their community and world
- Provides a place for building communication skills through talks and presentations
- Builds friendships, teamwork and problem solving skills through working together

4-H FAMILIES

What is the role of a 4-H Family?

- Assist youth in selecting projects related to their interest and hobbies
- Encourage and provide support, but allow the 4-H'er to do his/her own work
- Help youth keep a list of project and club learning
- Keep informed by reading the Jones County 4-H Newsletter and emails.
- Encourage the youth to take advantage of leadership opportunities in the county and state
- Support the 4-H club leaders through helping with club events and activities
- Ask 4-H club leaders, ISU Extension and Outreach staff, other 4-H members and parents for advice and help



CHOOSE YOUR ADVENTURE

EXTENSION.IASTATE.EDU/4H/PROJECTS

PICK WHAT INTERESTS YOU

WWW.EXTENSION.IASTATE.EDU/4H/PROJECTS

CHOOSE A CLUB

WWW.EXTENSION.IASTATE.EDU/CONTENT/COUNTY-OFFICES

LET THE ADVENTURE BEGIN!

WWW.EXTENSION.IASTATE.EDU/4H/JOIN

AGRICULTURE & NATURAL RESOURCES

- CROP PRODUCTION** | Get your hands dirty! Find out all about soil, bugs, beetles and other stuff, and how they affect the crops we grow.
- ENVIRONMENT & SUSTAINABILITY** | Go Green! Discover how choices you make every day affect your whole world forever.
- HORTICULTURE** | Plant it, dig it, grow it, show it.
- OUTDOOR ADVENTURES** | There s' more to outdoor adventures than marshmallows! Go backpacking, hike a trail, build a campfire, ride a bike, or reel in the big one.
- SAFETY & EDUCATION IN SHOOTING SPORTS** | Hit your target with a bow, rifle, or shotgun.

PERSONAL DEVELOPMENT

- CITIZENSHIP** | Make your club, your community, your country, and your world the best they can be. Start in your neighborhood and expand your horizons.
- COMMUNICATION** | Sing it, dance it, act it, speak it, text it.
- DIGITAL STORYTELLING** | Zoom in on animation, video production, editing, sound production, image manipulation, and the secrets to telling a great story.
- LEADERSHIP** | Make the best better! Leadership is building relationships, being a good role model, and helping others.
- SELF DETERMINED** | Blaze your own trail with a Self Determined project. Set your own limits by choosing your passion, finding your information, and sharing what you learned.

CREATIVE ARTS

- MUSIC** | Write a song, join a band, play an instrument or try out for American Idol... Even if it's just in the shower.
- PHOTOGRAPHY** | Plan a shot, frame a picture, create a video, and jazz it up on your computer.
- VISUAL ART** | Make a masterpiece with paint, chalk, clay, metal, wood... The possibilities are endless.

MECHANICS & DESIGN

- MECHANICS** | Love it when things work the way they're supposed to? Restore dad's muscle car, bring grandpa's 4020 back to life, keep your clunker running, or light up your life with electricity.
- WOODWORKING** | Build something fun with wood: birdhouse, treehouse, swingset, table. The possibilities are really endless.
- SCIENCE, ENGINEERING, & TECHNOLOGY** | Challenge your mind by exploring the world around you with hands-on science and math experiments. The sky's the limit.
 - AEROSPACE
 - BIOLOGICAL & CHEMICAL SCIENCES
 - COMPUTERS & NETWORKING
 - EARTH & CLIMATE
 - GEOSPATIAL MAPPING (GPS/GIS)
 - ROBOTICS
 - SCIENCE IN OUR EVERYDAY LIVES

FAMILY & CONSUMER SCIENCES

- CHILD DEVELOPMENT** | Taking care of children is more than bottles and blankies. Find out how children grow, and how you can be the BEST babysitter.
- CLOTHING** | Now you're stylin! Put it on and make a statement about who you are.
- CONSUMER MANAGEMENT** | Learn how to be smart with your money so you can get the things you want.
- FOOD & NUTRITION** | You are what you eat! Have fun choosing, cooking, and eating safe and healthy foods.
- HEALTH** | Learn how to take care of yourself and others by learning first aid and how to make healthy choices.
- HOME IMPROVEMENT** | Room makeover! Discover simple and inexpensive ways to make your space say, "this is who I am."
- SEWING** | Stitch This! Make clothes, pillowcases, horse blankets, or anything else you can sew.

ANIMALS

- BEEF** | Here's the beef! Pick out a calf, then feed it, groom it and watch it grow.
- DAIRY CATTLE** | Got milk? Take good care of your cows and make your own milk, cheese and ice cream.
- DAIRY GOATS** | Got GOAT milk? Take good care of your dairy goats and you'll be rewarded with milk and cheese.
- DOGS** | There's no better friend than a dog. Learn to feed and care for your furry friend, and teach it some new tricks.
- HORSE & PONY** | Giddy-up! Jump in the saddle and run wild with a Horse & Pony project. You don't even need your own horse!
- MEAT GOATS** | Select, feed, and care for your own goats.
- PETS** | Is your pet a Hamster, a Hedgehog, a Hippo, or a Himalayan cat? Maybe it's not one of the four H's, but it still needs food, water, shelter, and love.
- POULTRY** | Don't chicken out. Start a Poultry project to learn how to care for cheepers, peepers, quackers and gobblers.
- RABBIT** | Hop on over to the Rabbit project and find out about raising bunnies.
- SHEEP** | Lead the flock in the Sheep project by choosing, feeding, and caring for your own breeding or market sheep.
- SWINE** | Go whole hog! Find out where a pork chop on a stick comes from while you choose, feed, and care for your own pigs.
- VETERINARY SCIENCE** | Learn everything you need to know about keeping animals healthy, and maybe find your true calling as a veterinarian.



CREATES POSSIBILITIES



Join Today!!

Contact: Monica Gray
Jones County Youth Program Coordinator
ISU Extension and Outreach, Jones County | 800 N. Maple
St., Monticello, IA 52310
mongray@iastate.edu · 319-465-3224 (office)
<http://iowa.4honline.com> · www.extension.iastate.edu/jones

Jones County 4-H Clubs (Grades 4-12)

Be Original (Lisbon)

3rd Sunday of each month
Contact: Danette Moore (319-350-8520)
dm133@dybb.com

East Greenfield (Martelle)

1st Sunday of each month
Contact: Valerie Lambertsen (319-482-2015)
valerie.lambertsen@frontiercoop.com

Fairview Thunderbolts (Anamosa)

3rd Sunday of each month
Contact: Jim Christianson (319-432-4743)
jimamy14@msn.com

Jackson Wise Owls (Anamosa)

3rd Sunday of each month
Contact: Dawn Meyer (319-450-9343)
dawnmeyer12@gmail.com

Jones County Central (Anamosa & Monticello)

1st Sunday of each month
Contact: Cinda Petrick (319-462-2466)
petrick5@aol.com

Oxford Happy Hustlers (Oxford Junction)

1st Sunday of each month
Contact: Connie Burhop (563-488-3818)
jncburhop@netins.net

Oxford Livewires (Oxford Junction)

1st Sunday of each month
Contact: Lola Lasack (563-357-6559)
jlolasack@netins.net

Olin 4-H Club (Olin)

1st Sunday of each month
Contact: Sue Francksen (319-521-3213)
sfrancksen@gmail.com

Prairie Hill (Monticello)

3rd Monday of each month
Contact: Joanne Timm (319-480-7753)
jj-timm@hotmail.com

Richland R & R (Cascade)

2nd Sunday of each month
Contact: Sheila Beringer (563-852-7152)
jsberinger@netins.net

Scotch Grove Challengers (Monticello)

1st Sunday of each month
Contact: Sally Hinrichsen (319-480-4456)
sallyh@ci.monticello.ia.us

Wyoming Pioneers (Wyoming)

4th Wednesday of each month
Contact: Sarah Fishwild (563-357-6101)
sscfishwild@hotmail.com

Special Interest Clubs are possible too!

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