

5th Annual Anamosa Wrestling Club Camp



Where: Anamosa High School – Wrestling Room (Bus available from elementary schools)

Who: Pre K-12th Grade Boys and Girls (Parents wanting to help, please also come!)

What: Clinic is to improve wrestling skills, develop leaders and team work. All wrestlers are required to have good sportsmanship, treat coaches and other teammates with respect or will be asked to leave.

When: **Camp Schedule**

Date	PreK through 3 rd Grade	4 th grade through High School
Monday, October 30th	3:30 pm – 5:00 pm *	5:00 pm - 6:15pm
Wednesday, November 1st	1:30 pm – 3:00 pm *	3:00 pm – 4:15 pm
Monday, November 6th	3:30 pm – 5:00 pm *	5:00 pm – 6:15 pm
Wednesday, November 8 th	3:30 pm – 5:00 pm *	5:00 pm – 6:15 pm
Monday, November 13th	6:00 pm – 7:00 pm	7:00 pm – 8:00 pm
Wednesday, November 15th	6:00 pm – 7:00 pm	7:00 pm – 8:00 pm

*Bus transportation will be available for kids to the high school.

Attire: Shorts/T-Shirts/Sweats/Socks and Wrestling shoes, socks or clean shoes – No street clothes/shoes

Cost: Free

Questions: Please contact Scott Wheeler @ 319-330-4591

Form below MUST be turned in the first day of camp and if you are riding a bus bring a permission slip to do so as well.

** Saturday, Nov 18th Anamosa Mini Raider Tournament held at the high school, \$10 for AWC wrestlers.

*** **Anamosa Wrestling Club** will start the week following tournament on Monday, November 20st. \$35 per child for pre-K-8th grade includes club t-shirt, team socks, and Iowa wrestling meet ticket. 7th and 8th grade may attend practice for free. Early registration date Nov 8 or Nov 13th at practice.

I certify that: Name _____

Address _____ City/Zip _____

Contact # _____ E-mail address _____

Has my permission to compete in the Anamosa Wrestling Club Camp. I hereby accept full responsibility for his/her participation. I waive all claims for damages, losses or injury. I understand Anamosa Wrestling Club and the Anamosa School District cannot be held responsible for lost or stolen items or for accidents, all wrestlers are responsible for own insurance.