

**Jones County**  
**Safe And Healthy Youth Coalition**  
**What's Your Natural High?**  
**5K Run / Walk**  
**April 28, 2018**



Join us in our first annual 5k run/walk through Wapsipinicon State Park as we focus on safe and healthy natural highs.

**Race Starts at 9am**

**Registration/Packet pickup at Coalition office  
Friday April 27<sup>th</sup> 4-6pm or Race Day 8-845am**

Register at

<https://www.active.com/anamosa-ia/running/distance-running-races/jcshyc-what-s-your-natural-high-5k-run-walk-2018?int>

or pick up a paper registration at the Coalition office

110 S. Williams St Anamosa